**2025 March Library Newsletter**

*Bowls International* magazine is a good source of more information about lawn bowling. There are always some good articles for you to enjoy. Sorry for not doing the synopsis for you anymore. Why not read the articles yourself? You can find the magazine at the Pacific Indoor Bowling Club.

I highly recommend the article written by John Rednall in the 2024 December issue (p.52): "Is form really temporary and class permanent?" Here he looks at why our form on the green can waver and we cannot play brilliantly all the time. Is class permanent? With time, the natural ageing process, we all reach a point where we are not as consistent as we were.

Most of us play bowls for competitive or recreational enjoyment. We live in the real world which brings us challenges, grief and worry. We have our jobs, economy or relationship problems. With all these going on, how to hit top form on the bowling green all the time? He gives a lot of suggestions. For example:

The will to play and to play well. To keep the mechanics of our technique as good as they can be. To be mentally prepared. To get support from others and have family backing. Never stop learning and we are likely to improve and maintain high standards if we are competing with and against high class bowlers.

Always remember - this great sport not only gives us so much: fun, enjoyment, challenges, success and glory, but also friendships and social interaction, a sense of community within your club and within the sport.

(1)  For those top-notch bowlers, good prize money may be the incentive for them to keep on playing their best in big tournaments. A good example is the Helensvale Hawks $60,000 Grand Slam in Australia. Let's watch the Pairs final match played by Kelsey Cottrell/ Matt Lucas from Helensvale and Mathew Robinson/ Kelvin Anderson from Moama.

This is a three-bowl pairs with two sets of six ends. Lots of good shows - either draw, conversion or drive shots. The last end of set 2 is a must-watch. How can you win when your opponent has the bowl right on the jack and has placed all the good position back bowls? See and believe.

[youtube.com/watch?v=iohUQPVcfRw](http://youtube.com/watch?v=iohUQPVcfRw)

(2)  We always enjoy watching the good bowling games with first class players showing us how to play brilliant shots. Does it help us practically to improve our own game? There's lot of aspects of how you look at it. Winning a game doesn't only mean you can master the mechanics of technique, it also involves tactics, sport psychology, mental situation or even personality. Here, I want to mention one more issue which is quite interesting about playing sports. This is teamwork.

Let's watch the Men's Country Week 2025 Men's Fours final game. There are no big names. But they are all experienced players. They played some good bowls and yet also some loose shots like we all usually do. Please pay more attention to the Smith team. The front end of the Schinzig team is a bit stronger which didn't seem to upset Smith who played his best to save the head. There is good communication between him and the vice. Coming to the final stage when one end decided who was the winner, he discussed with the vice about the choice of shot which became the winning factor of the game. Win or lose is not the only issue, you enjoy the game more when you play with good team-mates.

[youtube.com/watch?v=Cct6CwBdGiI](http://youtube.com/watch?v=Cct6CwBdGiI)

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